



Protect Yourself from Cervical Cancer

KNOW THE FACTS

Cervical Cancer Screening Saves Lives

HPV and Cervical Cancer

Cervical cancer is caused by human papillomaviruses (HPV). Some strains of HPV cause genital warts only and other strains of HPV may cause cancer of the cervix, and rarely cause cancer of the vagina, vulva, penis, anus, mouth, and throat.

HPV may be passed by genital or skin-to-skin contact, mostly during sex even if there is no penetration or fluid exchange. Anyone who has ever had sexual contact with another person may be at risk.

Most people who have HPV do not have symptoms. Most of the time, HPV will go away on its own and will not cause health problems.

Get Screened for Cervical Cancer

Cervical cancer is nearly 100% preventable with regular screening tests, like the Pap test and the HPV test.

The Pap test looks for abnormal cells on the cervix that could turn into cancer over time. Women ages 21 and older should get a Pap test every 3 years.

The HPV test looks for the virus that can cause abnormal cells on the cervix. Women ages 30 and over should get a Pap test every 3 years or a Pap test and HPV test together every 5 years.

When abnormal cells are found early, they can be removed or treated before they ever turn into cancer.



You May Qualify for FREE Cervical Cancer Screening if You:

- ✓ Are 21 years old or older
- ✓ Have low income
- ✓ Have no or limited insurance
- ✓ Live in California

Call Us Today!

To see if you qualify for the Every Woman Counts Program, call **1-800-511-2300**.

For more information, please visit: dhcs.ca.gov/EWC

