



Blackbird House

A Peer Respite Home

A safe place for adults at-risk of a mental health crisis
to stabilize and recover wellness

Blackbird House offers a safe, supportive, and home-like setting for adults who are experiencing or at-risk of a psychiatric crisis. Guests typically stay at Blackbird House for 3 to 7 days.

During their stays, guests have time, space, and support to turn what could be a crisis into a time of learning and growth. Guests may choose to participate in groups and wellness activities, and to get connected with local resources.

The short-term respite home is run by peers who have "been there" and who have completed extensive training to support the wellness of guests.

Who can stay at Blackbird House?

Guests must:

- Be 18 years of age or older,
- be residents of Santa Clara County, and
- have full Medi-Cal benefits, be eligible for Medi-Cal or have no health coverage.

Guests are *not* required to be receiving services through the mental health system.

Blackbird House is for people of all genders and sexual orientations.

For more information or to arrange a stay,
please contact us:

Phone **408.292.2777**

Email **BlackbirdHouse@fcservices.org**

Blackbird House is a program of Family & Children Services of Silicon Valley, a division of the nonprofit organization Caminar. More information about our Santa Clara County programs is available at www.fcservices.org.

Blackbird House is located in San Jose and is accessible by public transportation. Guests will receive location details when scheduling their stays.

No fees are charged to guests. Meals are provided.

Guests self-refer for this voluntary program.