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Trans Health

Planned Parenthood - San Jose Central Health Center
1691 The Alameda, San Jose, CA 95126
Call (408) 287-7526
Mon – Thu: 8:00AM – 8:00PM, Fri: 8:00AM – 5:00PM, Sat, Sun: 8:00PM – 4:00PM
Services: Primary Care, Birth Control, HIV Services, LGBTQ Services, Men's Health Care Emergency Contraception, Pregnancy Testing & Services, Abortion, STD Testing/Treatment/Vaccines, OB/GYN & Reproductive Health

Planned Parenthood - Eastside Health Center of San Jose
3131 Alum Rock Ave, San Jose, CA 95127
Call (408) 729-7600
Mon – Fri: 8:40AM – 5:00PM
Services: Birth Control, HIV Services, LGBTQ Services, Men's Health Care, Emergency Contraception, Pregnancy Testing & Services, Abortion, STD Testing/Treatment/Vaccines, OB/GYN & Reproductive Health

Planned Parenthood - Gilroy Health Center
760 Renz Lane, Gilroy, CA 95020
Call (408) 847-1739
Mon – Fri: 8:45AM – 5:00PM
Services: Birth Control, HIV Services, LGBTQ Services, Men's Health Care, Emergency Contraception, Pregnancy Testing & Services, Abortion, STD Testing/Treatment/Vaccines, OB/GYN & Reproductive Health
Trans Health

Planned Parenthood – Blossom Hill Health Center of San Jose
5440 Thornwood Dr, San Jose, CA 95123
Call (408) 281-9777
Mon, Fri: 8:40AM – 5:00PM, Tue, Wed, Thu: 9:40AM – 6:00PM
Services: Primary Care, Birth Control, HIV Services, LGBTQ Services, Men’s Health Care, Emergency Contraception, Pregnancy Testing & Services, Abortion, STD Testing/Treatment/Vaccines, OB/GYN & Reproductive Health

Planned Parenthood – Mountain View Health Center
2500 California St, Mountain View, CA 94040
Call (650) 948-0807
Mon, Tue, Wed, Fri: 8:30AM – 5:00PM, Thurs: 10:30AM – 7:00PM
Services: Primary Care, Birth Control, HIV Services, LGBTQ Services, Men’s Health Care, Emergency Contraception, Pregnancy Testing & Services, Abortion, STD Testing/Treatment/Vaccines, OB/GYN & Reproductive Health

Planned Parenthood – Mar Monte Community Clinic of San Jose
2470 Alvin Ave, San Jose, CA 95121
408-274-7100 | Mon, Tue, Fri: 8:40AM – 5:00PM
Wed, Thu: 8:40AM – 8:00PM, Sun: 8:00AM – 4:00PM
Services: Primary Care, Birth Control, HIV Services, LGBTQ Services, Men’s Health Care, Emergency Contraception, Pregnancy Testing & Services, Abortion Referrals, OB/GYN & Reproductive Health, STD Testing/Treatment/Vaccines
Women's Health

Every Woman Count (EWC)
Call (800) 511-2300 (refer to EWC team at CHP)
Every Woman Counts (EWC) provides free breast and cervical cancer screening and diagnostic services to California’s underserved populations. The mission of the Every Woman Counts Program is to mitigate the devastating medical, emotional and financial effects of breast and cervical cancer and eliminate health disparities for medically underserved, low-income individuals.

Community Mammography Access Project (CMAP)
Call (408) 579-6021
The goal of CMAP is to increase access to mammography services by addressing barriers to screening and treatment services in order to reduce late-stage breast cancer diagnosis among medically underserved women in Santa Clara County

Indian Health Center - Family Resource Center
602 E Santa Clara St, Suite 200, San Jose, CA 95112
Call 408-274-7100
Mon – Fri: 8:00AM - 5:00PM
Services: San Jose Native Youth Empowerment, Educational Support, Dance & Drum Classes, Cultural Arts, Youth Council, Instilling Wellness through Workforce Development, Paths to Wellness, Native Connections, CalWorks, Red Vision, Native Youth Initiative

Indian Health Center - San José WIC
1642 East Capitol Expressway, San Jose, CA 95121
Call (408) 445-3431
Mon – Thu: 8:00AM – 4:30PM
Fri: 8:00AM – 12:00PM
Services: Supplemental Nutrition Program, Parenting/Family Support/Family Resources
Women's Health

Planned Parenthood: Teen Parent Support Program
Call (408) 808-1802
Services: Health Services, Food/Nutrition, Parenting Support, WIC/Cash Aid, College Assistance, Counseling/Support Groups, Emergency Supplies, School Enrollment

Planned Parenthood – San Jose Central Health Center
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HIV Health

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Sun: 8:00AM – 4:00PM
Services: Primary Care, Birth Control, HIV Services, LGBTQ Services, Men’s Health Care, Emergency Contraception, Pregnancy Testing & Services, Abortion Referrals, OB/GYN & Reproductive Health, STD Testing/Treatment/Vaccines
Health & Wellness

AACI Health Center
2400 Moorpark Ave, Suite 319 San Jose, CA 95128
Call (408) 975-2739
Asian Women’s Home
Services: A 24-hour crisis hotline and information hotline. (408) 975-2739,
A 24-hour emergency shelter, Peer counseling; individual and group, Help
with restraining orders, family law, and immigration issues, Domestic
violence education and training for professionals and community groups,
Employment, housing, and social service advocacy, Information, and
referrals, San Jose Family Justice Center (FJC) – Open Thursdays from 9-5,
Safe Chat SCC

AACI Health Center
2400 Moorpark Ave, Suite 319 San Jose, CA 95128
Driving Under The Influence (DUI) Program
Call (408) 975-2739
Services: The AACI DUI Program provides multilingual education to
convicted first and multiple DUI offenders on issues regarding alcohol and
other substance abuse affecting their driving. Throughout each program,
our clients learn about tools that support alcohol- and drug-free lifestyles
along with safe and responsible driving practices.

AACI Health Center
2400 Moorpark Ave, Suite 319 San Jose, CA 95128
Senior Wellness Program
Call (408) 975-2374
Services: Promotes healthy, active aging through programs, advocacy,
and engagement. Programs are designed to foster health, wellness,
independence, and social engagement.
Health & Wellness

Gardner Health Center
195 East Virginia St, San Jose, CA 95112
Proyecto Primavera Outpatient
Call (408) 977-1591
Services: This program is a substance use treatment program for adults seeking assistance with drug and alcohol use.

Gardner Health Center
195 East Virginia St, San Jose, CA 95112
AB 109
Call (408) 287-6200
Services: Provided to non-violent, non-serious, and non-sex offenders who served their sentences in county jails instead of state prisons. These services are intensive treatment and support services with the purpose of enabling them to function successfully within their community.

Gardner Health Center
195 East Virginia St, San Jose, CA 95112
Adult/OA IFSP
Call (408) 287-6200
Services: Comprehensive services provide strengths-based assessments, targeted case management, housing placement, and retention assistance, individual, group, and family counseling, psychiatric services, crisis intervention, on-site medication injections, medical evaluations, psychological assessments, and case conferences.
Health & Wellness

Gardner Health Center
195 East Virginia St, San Jose, CA 95112

**Intensive Full-Service Partnership (AOA IFSP)**
Call (408) 287-6200

*Services: The Intensive Full-Service Partnership Program provides men and women involved with the criminal justice system with intensive treatment and support services to enable them to function successfully within their community.*

Gardner Health Center
195 East Virginia St, San Jose, CA 95112

**In-Home Peer Respite Program**
Call (408) 287-6200

*Services: A 6 month program for 60+ year old adults who have a caregiver (paid or not) and would like to receive weekly visits in their home for companionship and to engage in activities such as doing crafts, playing board games, going for a walk, gardening, etc. while giving the caregiver a rest.*

Gardner Health Center
195 East Virginia St, San Jose, CA 95112

**Criminal Justice/Full-Service Partnership**
Call (408) 287-6200

*Services: The Criminal Justice/Full-Service Partnership Program provides men and women involved with the criminal justice system with intensive treatment and support services to enable them to function successfully within their community.*
Gardner Health Center
195 East Virginia St, San Jose, CA 95112
Storytelling Program
Call (408) 287-6200
Services: A 3 month program for 60+ year old adults who would like to improve their self-esteem, feel understood, and reconnect with others. As they tell us their life story, we help them remember the successful, happy, and meaningful times, and then we help them share their story with others.

Indian Health Center - Family Medicine Center
455 O’Connor Dr, Suite 200, San Jose, CA 95128
Transportation Program
Call (408) 445-3400
Services: Transportation service is available for the following appointment types; IHC Medical Appointments, IHC Dental Appointments, IHC Nutrition Appointments, IHC Counseling Appointments, Non-IHC Specialty Appointments, IHC Events

Indian Health Center - Family Medicine Center
455 O’Connor Dr, Suite 200, San Jose, CA 95128
Fitness Center
Call (408) 445-3400 ext.3851
Services: Classes are for all regardless of your fitness level. Some of the classes that are offered are Zumba, Pilates/Yoga, Youth Fitness, and Fit Kids (A special event where kids learn to become healthy eaters and a mini fitness advocates).
Health & Wellness

Indian Health Center - Family Medicine Center
455 O’Connor Dr, Suite 200, San Jose, CA 95128

Diabetes Prevention Program
Call (408) 960-0644

Services: The Diabetes Prevention Program is a year-long lifestyle change program that helps people diagnosed with pre-diabetes delay or prevents the onset of Type 2 Diabetes. New cohorts are offered by IHC twice per year in the Spring and in the Fall.

Indian Health Center - Family Medicine Center
455 O’Connor Dr, Suite 200, San Jose, CA 95128

Health Education Program
Call (408) 960-0644 ext. 1046

Services: Health education is available to IHC medical members that have Diabetes or other chronic conditions such as hypertension. Having these conditions can be complicated and our health educators are here to teach you about the condition, how to manage it, and set goals with you to improve your health and well-being. If you want to quit smoking, our health educators can also help you with that. Health educators can see you before or after your medical appointments, or you can make a separate appointment to see the health educator. You can also receive health education over the phone.
**Mental/Behavioral Health**

**Gardner Specialty Service Center (Centro de Bienestar)**

Main Line - (408) 287-6200  
Services: Specialty Mental Health Services, Behavioral Health, Counseling for Emotional and Mental Health, Parenting/Family Support, Family Resources, Drinking Driver Program

**Proyecto Primavera from Gardner Health Services**

Main Line - (408) 977-1591  
Services: Substance Use Counseling Services, Drinking Driver Program

**Indian Health Center**

Counseling Services - (408) 960-0643  
Services: Case Management, Individual & Group Treatment, Family & Children Therapy, Substance Use Services, Psychiatric Services, Medication Management  
**IHC patients can access Adult Behavioral Health Program**

**Ravenswood Family Health Network**

Counseling Services - (650) 330-7400  
Services: Individual Counseling, Parenting Support, Stress Reduction Skills, Substance Use Services, Diagnosis Support System, Health Coaching, Marital Counseling, Caregiver Health  
**Bridge to San Mateo County & Santa Clara County Behavioral Health and Recovery Services**

**North East Medical Services**

Lundy Clinic Main Line - (408) 573-9686  
Behavioral Health Services are available in Mandarin, Cantonese, Vietnamese, Hindi, Burmese, & English
Mental/Behavioral Health

School Health Clinics of Santa Clara County
Washington Neighborhood Clinic - (408) 295-0980
Services: Crisis Mental Health Services, Screening for Assessment & Diagnosis (including risk assessment), Treatment Planning, Outpatient Mental Health Care, Substance Use Services, Case Management, Psychiatric Rehabilitation Services, Peer Support, Family Support, Community-Based Care for Veterans & Armed Forces
**Open to all Santa Clara County Residents**

Peninsula Healthcare Connection
Main Line - (650) 853-0321
Free Mental Healthcare to Homeless Adults or Low-Income Residents in SCC
**Can visit 33 Encina Ave, Suite 106, Palo Alto CA 94301 Mon-Fri, 8am-5pm**
Health Coverage/Enrollment

**AACI**
Call (408) 975-2763 for Insurance & Enrollment
Language options include Spanish, Vietnamese, Japanese, Korean, Cantonese, Mandarin, Cantonese, Khmer, Hindi, Farsi, and more. *Phone Translation Services*

**Gardner Health Services**
Call (669) 444-5468 for Insurance & Enrollment
Language options include Spanish, Vietnamese, and Hindi

**Indian Health Center of Santa Clara Valley**
Agency Operator - (408) 445-3400
Meridian Clinic - Call (408) 960-0657 x7000 for Eligibility Services
Pediatric Center - Call (408) 947-2929 for Eligibility & New Patient Services

**Ravenswood Family Health Network**
Call (650) 330-7400 for Eligibility & Enrollment, Health Care for the Homeless
*Health Care for the Homeless helps with: Individualized Needs Assessments, Case Management Support, Service Navigation, Scheduling & Attending Appointments, Appointment Accompaniment, Transportation Coordination for Appointments, Enrollment in Health Coverage/Insurance Programs, Obtaining IDs & Documentation for Social Services, Access to Hygiene Supplies & Basic Survival Supplies through Ravenswood’s Care Closet, Connect to Ravenswood Primary/Dental/Behavioral Health Services*

**School Health Clinics of Santa Clara County**
Call - (408) 284-2280
*Patient Navigator and Service Enrollment helps with: accessing outside providers when specialty care is recommended, patient advocacy, enrollment in Medi-Cal, Medicare, and the Primary Care Access Program (PCAP)*